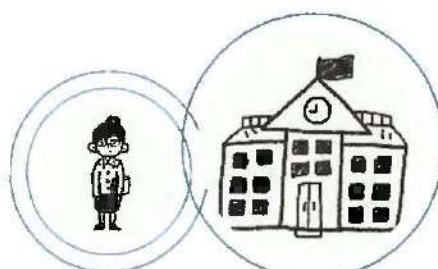
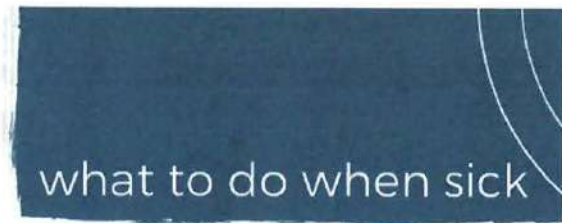


should i stay OR GO?



STAY HOME if you have had any of these signs in the last 24 hours:

GO BACK to school or work, when without signs or on medication for 24 hours:

Nausea, vomiting, or diarrhea

Belly ache

Vomiting and diarrhea have stopped

Too sick for regular activity or a fever, above 100 F

Cough + Cold

Fever is gone and you feel better

Green or yellow pus or weeping- see your doctor

Eye ooze

After following directions from doctor

Temperature is 100 F- oral, or 100.4 F- ear, forehead, or rectal

Fever

Normal body temperature returns, around 98.6 F

Fever, chills, muscle pain, cough, headache, very tired

Flu

Fever gone and energy is back

Skin is red, itchy, or if fluid is draining

Rash

Rash is gone, or doctor says OK

Pain along throat or hard time eating- see your doctor

Sore throat

if antibiotics are used, wait 24 hours before going back

for more info

To keep your family safe and healthy, visit your health department at LorainCountyHealth.com or call us at 440-322-6367.



**Lorain County
Public Health**

For the Health of Us All



12/17