



M · H · A · R · S

MENTAL HEALTH, ADDICTION AND RECOVERY SERVICES
BOARD OF LORAIN COUNTY

Are you or your loved one worrying or distressed? Sleeping too much? Feeling angry or overwhelmed? Drinking too much? If it's too much, connect with us.

MHARSLC.ORG

24/7 Crisis Hotline: 1-800-888-6161

Crisis Text Line: 4hope to 741741

Addiction Helpline: 440-989-4900

Domestic Violence: 1-866-213-1188

What's new, and FREE?

FREE medication disposal pouches to keep kids, pets safe from old or unused prescriptions (popular! as supplies last!): 440-282-9920

FREE support groups for addiction recovery, suicide loss or essential workers. mharslc.org or facebook.com/mharslc

FREE, CONFIDENTIAL stress and anxiety support for personal challenges from the COVID Careline (8am-8pm), 1-800-720-9616

FREE Family Toolkit to help parents of kids and teens, plus teachers, at mharslc.org/familytoolkit

QUICK DIRECTORY OF MHARS MENTAL HEALTH, ADDICTION AND PREVENTION PROVIDERS:

Applewood Centers, Inc., 440-324-1300
applewoodcenters.org

Beech Brook, 216-831-2255, beechbrook.org

Bellefaire JCB, 800-879-2522, bellefairejcb.org

Big Brothers Big Sisters, 440-277-6541, bigloraincounty.org

Catholic Charities Lorain County, 440-366-1106, ccdocle.org

El Centro (Navigator), 440-240-7025, lorainelcentro.com

Far West Center, 440-988-4900, farwestcenter.com

Firelands Counseling and Recovery, 440-984-3882

Gathering Hope House, 440-233-7400
gatheringhopehouse.com

The LCADA Way, 440-989-4900, thelcadaway.org

Let's Get Real, Inc., 440-963-7042, letsgetrealinc.org

LMM Guardianship Svcs, 216-696-1132, lutheranmetro.org

Lorain UMADAOP, 440-246-4616

Lucy Idol Center, 440-967-6724, lucyidolcenter.org

NAMI Lorain County, 440-233-8181 x226, nami-lc.org

New Directions, Inc., 216-591-0324, newdirect.org

New Sunrise Properties, 440-365-9600
newsunriseproperties.org

The Nord Center, 440-233-7232, nordcenter.org

OhioGuidestone, 440-260-6101, ohioguidestone.org

Pathways Counseling and Growth, 440-323-5707
pathwayscounselingcenter.com

Road to Hope House, 440-309-4284, road-to-hope.org

Safe Harbor/Genesis House, 440-323-3400
genesishouseshelter.org

Silver Maple Recovery, 855-200-7521
silvermaplerecovery.com

Stella Maris, Inc., 216-781-0550, stellamariscleveland.com

**FOR COMPLETE LIST, VISIT
MHARSLC.ORG**

Be the light in your friend or loved one's storm. If someone is facing difficulties, connect them to resources to brighten their future. **16,000+** Lorain County kids, adults and elderly residents connect to our care each year. **mharslc.org**