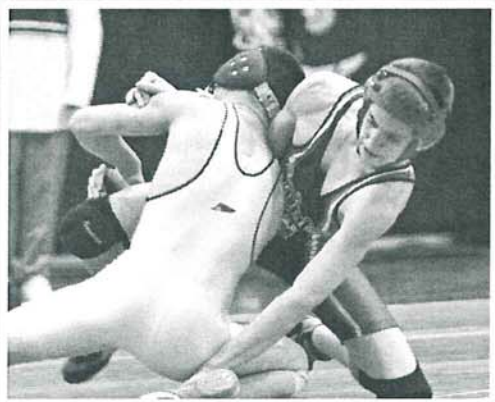


# 2008-2009 Lorain City Schools Athletic Handbook



**Lorain City  
Schools**  
*We can. We will.*

# Lorain City Schools

## Parent and Student Athletic/Cheerleading Handbook

### Table of Contents

<b>Eligibility Issues .....</b>	<b>5</b>
Parental Permission and Physical Participation .....	5
School Attendance .....	6
Age Limitations .....	6
Practice/Contest Attendance .....	6
Transfer Students .....	6
Semesters of Enrollment .....	6
Leaving Mid-Season .....	6
Tutoring/Study Tables .....	7
Recruiting .....	7
False Information .....	7
<b>Athletic Policies .....</b>	<b>7</b>
Risk of Participation .....	7
Insurance .....	7
Conflicts in Extra-Curricular Activities .....	8
Equipment /Uniform Policy .....	8
Student Dress .....	8
Transportation .....	8
Vacations .....	9
Student Identification .....	9
<b>Student Conduct .....</b>	<b>9</b>
Reasonable Conduct .....	9
Participation Conduct Penalty .....	10
<b>Squad Selection .....</b>	<b>10</b>
Cutting Policies .....	10
Procedures .....	11
<b>Awards .....</b>	<b>11</b>
Amateur Status .....	11
Varsity Letter Requirements .....	11
Lake Erie League Awards .....	11
<b>Off-Season Activities .....</b>	<b>12</b>
Open Gyms/Facilities .....	12
Instructional Programs .....	12
<b>Communications With Coaches .....</b>	<b>12</b>
<b>Weather Related Cancellation .....</b>	<b>13</b>
<b>High School Booster .....</b>	<b>13</b>
<b>Ticket Prices .....</b>	<b>13</b>
<b>Directions .....</b>	<b>14</b>
<b>Coaches List/Important Phone Numbers .....</b>	<i>back cover</i>



Dear Parents:

This handbook is presented to you because your son/daughter has decided to participate in interscholastic athletics and/or cheerleading and you have expressed your willingness to allow him/her to compete. We believe that a comprehensive program of student activities is vital to the educational development of our students.

As students elect to participate, there are many questions that both you and your son/daughter may have regarding the athletic program. The purpose of this handbook is to answer as many questions about the policies and philosophy of the program as possible. Our intent is to keep parents and students well informed in order to make athletics a positive experience for our student athletes. We are hopeful that this handbook will be of assistance to you as your child participates in the athletic program in Lorain City Schools

In sports,

Bryan Koury  
Athletic Director



# Mission Statement, Goals, and Sports Philosophy

---

The Lorain City Schools empowers its students to be successful, productive and valuable members of society.

## Goals

1. Increase student achievement.
2. Close the socio-economic, ethnic, and gender gaps in achievement.
3. Build hope, trust, and respect with our community.

## Philosophy

Participation in the Lorain City School's extracurricular activities is both an honor and a privilege. The district believes that interscholastic athletics are an integral part of the total educational program. High standards of behavior, scholarship, and citizenship are important to a sound athletic program. Students volunteering to participate must assume the responsibilities of this privilege and are required to meet expectations beyond those set for non participants.

Lorain City Schools believe that:

- physical and emotional growth of student participants is the most important goal of participation.
- academic achievement is a prerequisite to participation.
- additional time and energy committed to participation requires that the participants attain and maintain peak physical and mental condition.
- substance abuse can cause significant health problems for adolescents and may also affect the development of skill which are necessary for participation.
- interscholastic athletics can make the educational experience richer and more rewarding and therefore all students are encouraged to participate.
- adherence to certain behavior and academic standards enhances a student athlete's quality of life.
- all teams will "win with honor and lose with class."

In order to gain the right to participate in any athletics, all student athletes are expected to follow all of the rules and regulations outlined within the Lorain City School District's Student Code of Conduct Handbook and the Ohio High School Athletic Association.

## Affiliations

Lorain Admiral King, Lorain Southview, Longfellow Middle School, General Johnnie Wilson Middle School, and Whittier Middle School are members in good standing of the Ohio High School Athletic Association (O.H.S.A.A.) which serves as the authorized representative in the State of Ohio in the supervision and control of the interscholastic athletic activities of all member schools.

As a member of the O.H.S.A.A., the Lorain City Schools agree to abide by all of the state by-laws, rules and regulations with special emphasis placed on those governing eligibility, age limitation, enrollment, attendance, scholarship, residence, transfers, recruiting, amateurism, conduct, character, and discipline of athletes.



# Eligibility Issues

---

## General Eligibility for Athletics

### 1. Sixth to Seventh Grade Eligibility:

A student athlete enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement.

### 2. Seventh to Eighth Grade Eligibility and Eighth to Ninth Grade Eligibility:

A student athlete must be currently enrolled in an O.H.S.A.A. member school and her/she must earn a Grade Point Average\* of at least 1.0 and receive passing grades in 75% of those subjects in the previous grading period to be eligible to participate in interscholastic extra-curricular activities.

### 3. Ninth to Tenth to Eleventh to Twelfth Grade Eligibility

A student athlete must be currently enrolled in an O.H.S.A.A. member school, he/she must earn a Grade Point Average\* of at least 1.5 and he/she must be enrolled in courses carrying the equivalent of at least 5 credits in the preceding and current grading periods to be eligible. Credits may include courses taken in the College Options Block. Block scheduling or double blocking of courses does not change the calculation of credit equivalencies as required by O.H.S.A.A. bylaws. Courses taken over one semester or one quarter (nine week period) carry a factor of two and four respectively. Therefore, if a student takes an English course during the first semester only and receives one credit for passing that course, that class carries an equivalency of 2 (1 credit x the factor for a semester course (2) =2). A high school student declared ineligible due to not meeting the district's GPA standard may regain eligibility for the current grading period by participating and following all guidelines outlined in the athletic tutoring program.

4. Transfer students shall have the eligibility computed based upon an official transcript from the previous school of attendance. A student cannot participate in athletics until the transcript has been reviewed and the student has been declared eligible to participate.

5. Summer School and other educational options may not be used to substitute or failure to meet academic standards during the last grading period of the school year.

6. The building principal shall be the final authority in determining the student's GPA and eligibility.

\* Grade Point Average shall be interpreted as being a simple, unweighted Grade Point Average. Points shall be awarded in the following manner: A=4, B=3, C=2, D=1, F=0. The Grade Point Average shall be devised by dividing the total number of points earned by the total number of credits earned in a grading period. (Points Earned/Credits Attempted= GPA).

## Parental Permission and Physical Participation

Athletic physical participation forms shall be signed by a physician, the participant, and by a parent or guardian. **This must be on file before any candidate for a team may participate in a practice or try out.** Physicals are good for one full calendar year. Students are encouraged to get physicals during the summer months. In addition, parents must complete an Emergency Medical Authorization Form and return to the coach prior to the first practice or try out.

## **School Attendance**

The athlete must be present for at least ½ of the school day of a practice or contest in order to be eligible to participate in any team activity.

## **Age Limitations**

High school students in grades 9-12 who turn 19 years of age prior to August 1, 2005 are ineligible for interscholastic athletics. Seventh and eighth grade students who turn 15 years of age prior to August 1, 2005 are ineligible for 7<sup>th</sup> and 8<sup>th</sup> grade athletics but are eligible to participate in high school athletics. Those with a disability may qualify for an exception to this regulation and should arrange a meeting with the athletic director to review the exception.

## **Practice/Contest Attendance**

The athlete is expected to attend all team activities as designated by the coach and/or advisor unless excused prior to the absence. Unexcused absences may result in disciplinary action including (but not limited to) loss of playing time or suspension from the team. The coach will keep records of attendance and inform the parent, athletic principal and athletic director when the athlete's absences result in denial of participation. Practice shall only be mandatory beginning with the Ohio High School Athletic Association's first day of practice. These dates are published in the O.H.S.A.A. Handbook.

## **Transfer Students**

Once eligibility has been established at a member school, those who transfer to a different school will be ineligible for athletics for one year from the date of enrollment in the new school. There are seven exceptions to this regulation. Please contact the athletic director to review these exceptions if needed.

## **Semesters of Enrollment**

After establishing ninth-grade eligibility, you are permitted eight semesters of athletic eligibility. The semesters are taken in order of attendance once ninth grade eligibility has been established. Semesters are counted toward eligibility whether you participate in interscholastic athletics or not. Those with a disability may qualify for an exception to this regulation and should arrange a meeting with the athletic director if needed.

## **Students Leaving the Team Mid-Season**

Students who are removed from the team and/or students who remove themselves voluntarily from the team will not receive any end of the season athletic awards and team purchased clothing items such as warm-ups, etc. In addition, these students are not permitted to attend another team's open gyms until the preceding sport's season has been completed.

## High School Athletic Intervention Programs

High school student athletes are required to participate in an intervention program if they have a cumulative 1.0 to 1.49 GPA on a 4.0 scale. Intervention students who fail to actively participate will be issued the following consequences:

First Offense:	Student receives a verbal warning and the coach contacts the parent.
Second Offense:	Student is not permitted to participate in the next contest/event and the coach contacts the parent.
Third Offense:	Student is dismissed from the team and the coach contacts the parent.

## Recruiting

Student athletes will be declared ineligible if they are recruited by a person or group of persons to change schools. This may also affect the eligibility of the school team.

## False Information

If a student athlete competes under a false name or address, he/she will become ineligible.



## Athletic Policies

---

### Risk of Participation

All athletes and parents must realize the risk of serious injury which may be a result of athletic participation. The Lorain City School District will use the following safeguards to make every effort to eliminate injury.

1. Maintain a continuing educational program for coaches to learn the most current techniques and skills to be taught in their sport.
2. Instruct all athletes about the dangers of participation in the particular sport. Each student athlete, parent and coach, must sign and return the "Acknowledgement of Risk" Form to the head coach.

### Insurance

**All student athletes participating in interscholastic events must be covered by medical insurance.** A parent may elect to obtain medical insurance available through the Athletic Council of Lorain City Schools or a parent may elect to use their own medical insurance for their child. An affidavit indicating a parent's choice of insurance options must be signed and returned to the head coach prior to the first practice or try-out. **Parents who chose to obtain medical insurance through the district's Athletic Council must complete the insurance packet and mail with payment to the designated address.**

## **Conflicts in Extra-Curricular Activities**

An individual student who attempts to participate in too many extra-curricular activities will be in a position of a conflict of obligation. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extra-curricular activities; and to this end, will attempt to schedule events in a manner so as to minimize conflicts. Students and parents have a responsibility to do everything they can to avoid a continuous conflict. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the coach and/or faculty sponsors involved immediately when a conflict does arise. When conflicts do arise, the coaches and/or sponsors involved will meet to resolve the conflict. If a solution cannot be found, then the building administrators and the athletic director will make the decision based on the following:

1. The relative importance of each event.
2. The relative contribution the student can make.
3. The time involved with each event.
4. The input from the student's parents.

In-season athletes (O.H.S.A.A. sponsored sports) shall not be permitted to attend an open gym by coaches of an out-of-season sport.

NOTE: Middle school cheerleaders are not able to participate in volleyball or basketball if they have been selected to cheer at games during that particular season.

## **Equipment/Uniform Policy**

All student athletes must return all school equipment and uniforms in the condition the items were received, within three school days of the last contest. Participants must reimburse the Lorain City School District the replacement cost of lost or damaged equipment/uniforms prior to receiving any athletic awards, report cards, or graduation diplomas. A participant must fulfill obligations from the previous season before he/she will be permitted to begin participation in any other athletic activities.

## **Student Dress**

Head coaches will share their expectations regarding student dress at home and away contests. Students will be expected to either dress "uniformly" or wear "dress" clothing at home and away contests.

## **Transportation**

All student athletes must travel to and from athletic contests and practices in transportation provided by the athletic department. If a parent wishes to transport their son/daughter home after a contest, the parent must present the coach with a written note at the contest stating that they will transport their child home with them after the contest.

## Vacations

Vacations by athletic team members during a sports season are strongly discouraged. Parents and athletes wishing to do so may wish to reassess their athletic participation. In an event of an absence due to a vacation is unavoidable, an athlete must:

1. Be accompanied by his/her parents or guardians while on vacation.
2. Seek approval from the head coach prior to the vacation.
3. Be willing to assume the consequences of suspension from game(s) and/or status on the squad as a starter, 2<sup>nd</sup> string, 3<sup>rd</sup> string, etc.

## Other Athlete Expectations (Individual Team Rules)

Coaches will distribute team rules to all student athletes and parents in the form of a contract. This contract should be signed by both the student athlete and parent, and returned to the coach. These expectations carry their own set of consequences and when not specifically listed, the coach will set and enforce consequences appropriate to the behavior and sport. Any student athlete or parent that has questions or concerns about policies or consequences should consult the coach or Athletic Director.



## Student Conduct

---

Student athletes are expected to accept the responsibility and privilege of representing LCS and the community of Lorain while participating in athletics. School and athletic personnel expect students to treat opponents, coaches, officials, and fans with respect and to abide by all district, school, league and O.H.S.A.A. rules.

### Reasonable Conduct

The Lorain City School District Athletic Department recognizes that the safety and welfare of individual athletes and teams are a priority. Therefore, athletes will not engage in any acts of criminal activity such as, but not limited to vandalism, assault and battery, hazing, theft, or other disruptive behavior.

Athletes are expected to behave appropriately during school and during their extra-curricular activities. Detrimental actions include, but are not limited to insubordination, repeated absenteeism, fighting, sexual misconduct, negative/apathetic attitude, unsportsmanlike conduct, lying, and inappropriate language or gestures. Any student referred to the office for a school rule violation may be denied the privilege of participation in athletics for a period determined by an administrator.

Recognizing the varying degrees of severity, the type of misconduct, and an athlete's previous record of conduct, each situation will be considered individually. The coach, building administrator and/or athletic director will determine appropriate consequences, which may include denial of participation or dismissal from the team. In all cases, the athlete will have the right to due process.

### **Student Participation Conduct Penalty (O.H.S.A.A.)**

Any student ejected for unsportsmanlike conduct or flagrant foul shall be ineligible for all contests for the remainder of that day. In addition, the athlete shall be ineligible for all contests at all levels in that sport until two regular season/tournament contests are played at the same level as the ejection (one contest in football). If the ejection occurs in the last contest of the season, the student shall be ineligible for the same period of time as stated above in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room or be affiliated with the team in any traveling, during, or traveling after the contest.

A student who is ejected a second time shall be suspended for the remainder of the season in that sport. A student who has been ejected for unsportsmanlike conduct for the second time in a season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner. The period of ineligibility shall commence during the next sport in which the student participates.

It is the responsibility of the local school authorities to ensure this regulation is enforced. When an ineligible student is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Commissioner as specified in the O.H.S.A.A. Tournament Regulations. In accordance with Bylaw 8-3-1, the decision of contest officials are final.



## **Squad Selection**

---

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while in Lorain City Schools, we encourage coaches to keep as many students as possible without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. However, when developing policy with respect to squad selection, coaches will strive to maximize the opportunities for our students without diluting the quality of the program.

### **Cutting Policies**

1. Choosing the members of athletic squads is the sole responsibility of the coaches of those squads.
2. Non-varsity coaches shall take into consideration the policies established by the Head Coach in that particular program when selecting final team rosters.
3. Prior to squad selection, the coach shall provide the following information to all candidates for the team:
  - a. extent of the try-out period
  - b. criteria used to select the team
  - c. number to be selected
  - d. practice commitment if they made the team
  - e. game commitments

## Procedures

When a squad cut becomes a necessity, the process will include three important elements.

1. Each candidate shall have competed in a minimum of two try-out sessions.
2. Each candidate shall have performed in at least one intra-squad contest.
3. Candidates will be personally informed of the cut and the reason for the action.



## Athletic Awards

---

### Awards

You may receive awards as a result of athletic participation in interscholastic athletics from any source. However, the value cannot be more than \$200.00 per award.

### Amateur Status

Student athletes will lose their amateur status and forfeit eligibility if they:

1. Competes for money or other monetary compensation.
2. Capitalize on your athletic fame by receiving money or gifts of monetary value.
3. Sign a professional playing contract in the sport in which you had participated.
4. Sign with a professional agent (Ohio law).
5. Fail to return equipment or uniforms issued by a school or non-school team or organization when the season for that sport is over.
6. Receive from a sponsor, actual and necessary expenses or any form of compensation to participate in athletics, practice or compete while not representing a member school.
6. Receive directly or indirectly a salary, reimbursement of expenses, merchandise, or services, or any other form of financial assistance or benefits from a professional sports organization based on athletic skills or participation.

### Varsity Letter Requirements

Each coach reserves the right to set the standards for lettering in his/her particular sport. In all sports, the athlete must complete the season as a squad member in good standing and must attend the banquet in order to receive an award (unless granted permission by their coach prior to the event). At the beginning of each season, the coach shall provide the criteria for lettering in their respective sport/activity.

### Lake Erie League Awards

LEL Championship  
LEL Player of the Year  
All LEL Teams



## Off-Season Activities

---

### Open Gyms/Facilities

School officials may designate open gyms/facilities. Student athletes may participate in open gyms/facilities provided:

1. No one is limited from participating (Exception: See sections “Students Leaving Mid-Season and “Conflicts in Extra-Curricular Activities”).
2. No one is required to attend.
3. No school officials invite selected students or determine the teams.
4. No timing or written scoring is kept.
5. No coaching or instruction is provided.
6. No one is restricted from observing.

Violating these rules may result in a student being declared eligible for a maximum of one year.

### Instructional Programs

You may attend camps, clinics, and workshops that involve team play any time between June 1<sup>st</sup> and July 31<sup>st</sup> (Team play means there is more than one player opposing one player). There is no limit on the number of students from the same school team that may participate on the same non-school team from June 1<sup>st</sup> to July 31<sup>st</sup>. Students may receive instruction from a coach from a school team only:

1. During the season of the sport, or
2. For 10 days only from June 1<sup>st</sup> to July 31<sup>st</sup>.

Students may receive individual skill instruction from a non-school coach at any time during the year in individual or group lessons.

Members of a school football team may play in non-contact football contests and attend non-contact team football camps at any time between June 1<sup>st</sup> and July 31<sup>st</sup>. Remember, however, that the 10 day regulation for instruction from school coaches is in effect.



## Communicating with the Coach

---

Appropriate Issues to Discuss with Coaches:

1. Treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child’s behavior.

Inappropriate Issues to Discuss with Coaches:

1. The student’s playing time.
2. A coach’s Team strategy.
3. The other student athletes on the team.

Appropriate Procedures for Discussing Issues and Concerns with Coaches:

1. Call and arrange a meeting with the coach. The athlete should be present at the meeting.
2. Do not confront the coach before or after a contest or practice.
3. If the meeting with the coach does not provide a satisfactory resolution, then call to arrange an appointment with the athletic director. Again, the athlete should be present at the meeting.

Note: We strongly encourage student to discuss concerns with coaches before the parents become involved.



## Weather Related Cancellations

---

If school is closed by the superintendent due to inclement weather, athletic contests will be cancelled or postponed. There will be no practice on inclement weather days unless permission is granted by the athletic director or the executive director of strategic planning and programming. These decisions will be made on a case-by-case basis.

When school is already in session or during breaks and weather conditions become inclement, the following policy will be used for cancellations/postponements of athletic contests/practices.

1. The AD will consult with the building principal on canceling/postponing the contests/practices.
2. A mutual decision will be made with the primary consideration being student safety.
3. The AD will notify faculty managers to cancel/postpone with opponents, officials and transportation.
4. The AD will notify district office personnel, local radio stations, newspapers, and the local cable channel.



## High School Booster Clubs

---

The Lorain City Schools' athletic programs are the beneficiary of tremendous support from the organized booster clubs. These organizations play an integral role in the overall development of interscholastic athletics through their participation in facility improvements and by providing special incentives which enhance the participation experience for student athletes. **Parents are strongly encouraged to join the Booster Clubs and to attend the monthly meetings. The LAKHS Booster Club meets the third Thursday of each month at 7:15 P.M. and the SVHS Booster Club meets the second Tuesday of each month at 6:30 P.M.**



## Ticket Prices

---

### Middle School Contests

- \$2 Adult
- \$1 Student

Note: Admission will be charged at all Middle School contests that take place in either the stadium or gymnasium except for track.

### **High School Contests**

- Varsity Football & Boys' Basketball - \$6 at the gate & \$3 Student Presale
- Volleyball, Wrestling, Girls' Basketball, and Soccer - \$6 Adult & \$3 Student
- All Freshmen Games - \$3 Adult & \$2 Student
- Varsity Track - Free

Kids 12 and under are free **when accompanied by an adult**. No students 10 and under are permitted at any contest unless accompanied by an adult.

All Senior Citizens are free with their Golden Buckeye Card. There will be no tickets sold after the completion of halftime of the varsity contest. Only Season Passes and Golden Buckeye Cards will be accepted after halftime.



## Directions

---

### **High School Sports**

#### **Berea High School**

165 E. Bagley Rd.  
Berea, OH 44017

1. Take Ohio Turnpike East
2. Merge onto I-71 N via Exit 161 toward Cleveland
3. Take the Bagley Rd. Exit 235 toward Berea/Middleburg Hts.
4. Turn left onto E. Bagley Rd.

#### **Bedford High School**

481 Northfield Rd.  
Bedford, OH 44146

1. Take I-480 east to Northfield Rd.
2. Turn right (south)
3. School is on the left.

#### **Cleveland Hts. High School**

13263 Cedar Rd.  
Cleveland Hts., OH 44118

1. Take I-90 east
2. Take the 55<sup>th</sup> St. Exit
3. Turn left
4. Follow to Lee
5. School is on corner of Cedar & Lee.

#### **Euclid High School**

711 E. 222<sup>nd</sup> St.  
Euclid, OH 44123

1. Take I-90 east
2. Take the E. 222 exit
3. Turn left (north)
4. School is on the right

#### **Fremont Ross High School**

1100 North St.  
Fremont, OH 43420

1. Take Ohio Turnpike toward Toledo
2. Merge onto OH-53 S via Exit 91 toward Fremont
3. Stay straight onto Rawson Ave.
4. Turn right onto North Street

#### **Garfield Hts. High School**

4900 Turney Rd.  
Garfield Hts., OH 44125

1. Take I-480 east to Transportation Blvd.
2. Turn left onto Transportation
3. Turn rt. On Canal Rd.
4. Turn left on Turney
5. School is on the left

**Lakewood High School**

14100 Franklin Blvd.  
Lakewood, OH 44107

1. Take I-90 east
2. Take the Bunts/Warren Rd. exit
3. Turn left on Warren Rd.
4. High School is on the left

**Maple Hts. High School**

14605 Granger Rd.  
Maple Hts. OH 44137

1. Take I-480 east to Granger Rd.
2. Take Granger Rd. to Clement Dr.
3. School is on the right.

**Mentor High School**

6477 Center St.  
Mentor, OH 44060

1. Take I-90 east
2. I-90 becomes Rt. 2 (left two lanes – Painesville).
3. Take Rt. 2 to the 615 exit
4. Turn left (north)
5. The high school is approximately a half mile down on the right

**Shaker Hts. High School**

15911 Aldersyde Dr.  
Shaker Hts., OH 44120

1. Take I-90 east
2. Take 271 South
3. Exit hagrln Blvd; turn right (west)
4. Take a right onto Lee Rd.
5. Take a left onto Aldersyde Dr.

**Shaw High School**

15320 Euclid Ave.  
East Cleveland, OH 44112

1. Take I-90 east
2. Exit at Eddy Rd/Bratenahl
3. Turn Right onto Eddy
4. Turn left onto St. Clair Ave.
5. Keep straight onto Shaw Ave.
6. Turn left onto Euclid Ave.
7. School is on the right

**Toledo Start High School**

2100 Tremainsville Rd.  
Toledo, OH 43613

1. Take Ohio Turnpike toward Toledo
2. Merge onto I-75 N via exit 64 toward Toledo/Detroit
3. Merge onto I-475 W via Exit 204 on the left toward US-23/Sylvania/Ann Arbor
4. Take the Jackman Rd. Exit 19 toward Central Ave.
5. Turn left onto Jackman Rd.
6. Turn slight left onto Tremainsville Rd.

**Warrensville Hts. High School**

4270 Northfield Rd.  
Warrensville Hts., OH 44128

1. Take I-480 east to Northfield Rd.
2. Turn left (north)
3. School is on the left

**Middle School Sports****Bedford City School District**

Heskett Middle School  
5771 Perkins Rd.  
Bedford, OH 44146

1. Take I-480 East
2. Take the OH-8/Northfield Rd./OH-43 Warrensville Rd. Exit (25ABC)
3. Take Exit 25BC towards Warrensville Hts.
4. Take Exit 25C (on left side)
5. Stay straight onto OH-43 S Mueti Dr.
6. Turn right on Perkins Rd./Aurora Rd.
7. School is on Left

**Cleveland Hts. School District**

**Monticello Middle School**  
3665 Monticello Blvd.  
Cleveland Hts., OH 44118

1. Take I-90 East
2. Take Chester Ave. Exit
3. Turn Right on Chester
4. Turn left on Euclid Ave.

5. Turn right on Mayfield Rd.
6. Turn left on Monticell
7. Make U turn at Pennfield Rd.
8. School is on the right

2. Take Lakeland Blvd. Exit
3. Turn left on E. 260<sup>th</sup> St.
4. Turn right on Elinore Ave.
5. School is on right

**Roxboro Middle School**

2400 Roxboro Rd.  
Cleveland Hts., OH 44106

1. Take I-90 East
2. Take Chester Ave. Exit
3. Turn Right on Chester
4. Turn Right on Stokes Blvd.
5. Turn Left on MLK Dr.
6. Bear right on N. Park Blvd.
7. Bear Left on W. St. James Pkwy
8. Turn Rt. On Roxboro Rd.
9. School is on Right

**Wiley Middle School**

2181 Miramar Blvd.  
University Hts., OH 44118

1. Take I-90 East
2. Take Chester Ave. Exit
3. Turn right onto Stokes Blvd.
4. Chester Ave. becomes Stearns Rd.
5. Turn left on Carnegie Ave.
6. Slight left on Cedar Ave.
7. Cedar becomes Cedar Glen Pkwy.
8. Slight right on Cedar Rd.
9. Turn right on Miramar Blvd.
10. School is on left.

**Euclid School District**

Central Middle School  
20701 Euclid Ave.  
Euclid, OH 44117

1. Take I-90 East
2. Take E 185<sup>th</sup> St. Exit (North)
3. Turn Right on Villaview Rd.
4. Turn Right on Neff Rd.
5. Continue on Chardon Rd.
6. Turn right on Euclid Ave.
7. School is on right

**Forest Park Middle School**

27000 Elinore Ave.  
Euclid, OH 44132

1. Take I-90 East

**Garfield Hts. School District**

**Garfield Hts. Middle School**  
12000 Maple Leaf Dr.  
Garfield Hts., OH 44125

1. Take I-480 East
2. Take Transportation Blvd. Exit
3. Ramp becomes Antenucci Blvd.
4. Turn right on Turney Rd.
5. Turn right on Maple Leaf Dr.
6. School is on right

**Lakewood City School District**

**Horace Mann Middle School**  
1215 West Clifton  
Lakewood, OH 44107

1. Take I-90 East
2. Take Detroit Rd. Exit
3. Turn left on Detroit Rd.
4. Turn left on Wager Rd.
5. Turn right on Lake Rd.
6. Lake Rd. becomes Clifton Blvd.
7. School is on left

*\*\* The middle school football and track games are played at the high school. All other sports are played at Horace Mann.*

**Maple Hts. School District**

**Milkovich Middle School**  
5460 West Blvd.  
Maple Hts., OH 44137

1. Take I-480 East
2. Take Exit #22 Granger Rd.
3. Slight Right on Granger Rd.
4. Bear right on Broadway Ave.
5. Turn left on West Blvd.
6. School is on right

**Shaker Heights School District**

**Shaker Hts. Middle School**  
20600 Shaker Blvd.  
Shaker Hts., OH 44122

1. Take I-90 East
2. I-90 E becomes I-490E
3. Turn left on E. 55<sup>th</sup> St.
4. Turn right on Woodland Ave.
5. Slight right on Buckeye Rd.
6. Slight left on Shaker Blvd.

**East Cleveland School District**

**Heritage Middle School**

14410 Terrace Rd.

East Cleveland, OH 44112

1. Take I-90 East
2. Take Chester Ave. Exit
3. Turn Right on Chester
4. Turn Left on Euclid
5. Turn Right on Forest Hills Blvd.
6. Turn Left on Terrace Rd.
7. School is on right

**Warrensville Hts. School District**

**Warrensville Hts. Middle School**

4285 Warrensville Center Rd.

Warrensville Hts., OH 44128

1. Take I-480 East
2. Take Exit 25ABC on Warrensville Rd.
3. Take Warrensville Rd. North Exit (on left)
4. Slight right on Warrnesville Center Rd.
5. School is on right.



## High School Athletic Activities and Head Coaches

---

<u>Sport</u>	<u>Admiral King High School</u>	<u>Southview High School</u>
Football	Mark Campo	Todd Auvil
Volleyball	Terry Traut	Tom Price
Boys Soccer	Andrew Knowles	Bill Bogan
Girls Soccer	Rick Dimacchia	Kevin Szatala
Boys Tennis	TBA	Jeff Cera
Girls Tennis	Karyn Rafalke	Jeff Cera
Boys Golf	Dave Mazzei	Richard Brown
Girls Golf	John Akosi	
Cross Country	Karen Pfeiffer	Lawrence Navarro
Wrestling	Jim Black	Billy Kopp
Boys Basketball	TBA	Andy Bastock
Girls Basketball	Cheryl Bansek	Scott Plzak
Boys Track	Kelvin Jackson	Sue Patterson-North
Girls Track	Karen Pfeiffer	Donovan Wilson
Baseball	John Akosi	Brad Ternes
Softball	Pam Jackson	Richard Brown
Cheerleading	Lisa Taliano	Vicky Timko

### Important Phone Numbers & E-Mails

Athletic Department		
Bryan Koury, Athletic Director	233-2288	
Cathy Kelly, Athletic Secretary	233-2288	
Dan Ransom, LAK Faculty Manager	282-9191	
Lawrence Navarro, SV Faculty Manager	277-7271	
Tracye Menges, SV Athletic Trainer	277-7272	
TBA, LAK Athletic Trainer	282-9191	
Athletic Department Fax Machine	233-2362	
Ohio High School Athletic Association	614-988-4433	<a href="http://www.ohsaa.org">www.ohsaa.org</a>
Team Schedules		<a href="http://www.highschoolsports.net">www.highschoolsports.net</a>
National Collegiate Athletic Association (NCAA)	317-917-6222	<a href="http://www.ncaa.org">www.ncaa.org</a>
NCAA Initial/Eligibility Clearinghouse	877-262-1492	<a href="http://www.ncaaclearinghouse.net">www.ncaaclearinghouse.net</a>

### Administration

Diane Conibear, LAK Athletic Principal	282-9191
Tracy Carpenter, SV Athletic Principal	277-7271
Sam Newsome, GJW Athletic Principal	246-1021
Tom Roth, Longfellow Athletic Principal	288-1025
Aliceson Humphries, WMS Athletic Principal	277-1261